CAMPER HEALTH HISTORY FORM 1

Developed and reviewed by: *American Camp Association, American Academy of Pediatrics Council on School Health, & Association of Camp Nurses*

Dates will attend camp: from _____ (Month/Day/Year) to _____ (Month/Day/Year)

Camper Name: _____ (First) _____ (Middle) _____ (Last)

Gender: _____ Birth Date: _____ (Month/Day/Year) Age: _____

Camper Home Address: _____ (Street Address) _____ (City) _____ (State) _____ (Zip Code)

Parent/guardian with legal custody to be contacted in case of illness or injury:

Name: _____ Relationship to Camper: _____ Day Phone: _____ Home: _____

Email: _____

Home Address: _____ (Street Address) _____ (City) _____ (State) _____ (Zip Code)
(If different from above)

Second parent/guardian or other emergency contact:

Name: _____ Relationship to Camper: _____ Day Phone: _____ Home: _____

Additional contact in event parent(s)/guardian(s) can not be reached:

Name(s): _____ Relationship to Camper: _____ Day Phone: _____ Home: _____

Allergies: This camper is allergic to: _____

(Please describe below what the camper is allergic to and the reaction seen.)

Diet, Nutrition: _____

(Please describe below.)

Restrictions: _____

(Please describe below.)

Medical Insurance Information:

This camper is covered by family medical/hospital insurance: _____

Include a copy of your insurance card if appropriate; copy both sides of the card so information is readable.

Insurance Company_____ Policy Number_____

Subscriber_____ Insurance Company Phone Number _____

Parent/Guardian Authorization for Health Care:

This health history is correct and accurately reflects the health status of the camper to whom it pertains. The person described has permission to participate in all camp activities except as noted by me and/or an examining physician. I give permission to the physician selected by the camp to order x-rays, routine tests, and treatment related to the health of my child for both routine health care and in emergency situations. If I cannot be reached in an emergency, I give my permission to the physician to hospitalize, secure proper treatment for, and order injection, anesthesia, or surgery for this child. I understand the information on this form will be shared on a "need to know" basis with camp staff. I give permission to photocopy this form. In addition, the camp has permission to obtain a copy of my child's health record from providers who treat my child and these providers may talk with the program's staff about my child's health status.

Signature of Custodial Parent/Guardian _____ _____ Relationship to Camper: _____

If for religious or other reasons you cannot sign this, contact the camp for a legal waiver which must be signed for attendance.

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Camper Name: _____
First Middle Last

Birth Date: _____
Month/Day/Year

Immunization History: Provide the month and year for each immunization. Starred ( ) immunizations must be current. Copies of immunization forms from health-care providers or state or local government are acceptable; please attach to this form.

Immunization	Dose Month/Year	Most Recent Dose Month/Year
Diptheria, tetanus, pertussis (DTaP) or (TdaP)		
Tetanus booster (dT) or (TdaP)		
Mumps, measles, rubella (MMR)		
Polio (IPV)		
Haemophilus influenzae type B (HIB)		
Pneumococcal (PCV)		
Hepatitis B		
Hepatitis A		
Varicella (chicken pox) — Had chicken pox Date:		
Meningococcal meningitis (MCV4)		

Tuberculosis (TB) test	Date:	Result:

If your camper has not been fully immunized, please sign the following statement: **I understand and accept the risks to my child from not being fully immunized.**

Signature of Custodial Parent/Guardian: _____ Date: _____ Relationship to Camper: _____

Medication:

"Medication" is any substance a person takes to maintain and/or improve their health. This includes vitamins & natural remedies. ***Please review camp instructions about required packaging/containers. Many states require original pharmacy containers with labels which show the camper's name and how the medication should be given. Provide enough of each medication to last the entire time the camper will be at camp.***

Name of medication	Date started	Reason for taking it	When it is given	Amount or dose given	How it is given

The following non-prescription medications may be stocked in the camp Health Center and are used on an as needed basis to manage illness and injury. ***List those the camper should not be given:***

- ❑ Acetaminophen (Tylenol)
- ❑ Phenylephrine decongestant (Sudafed PE)
- ❑ Antihistamine/allergy medicine
- ❑ Diphenhydramine antihistamine/allergy medicine (Benadryl)
- ❑ Sore throat spray
- ❑ Lice shampoo or cream (Nix or Elimite)
- ❑ Calamine lotion
- ❑ Laxatives for constipation (Ex-Lax)
- ❑ Ibuprofen (Advil; Motrin)
- ❑ Pseudoephedrine decongestant (Sudafed)
- ❑ Guaifenesin cough syrup (Robitussin)
- ❑ Dextromethorphan cough syrup (Robitussin DM)
- ❑ Generic cough drops
- ❑ Antibiotic cream
- ❑ Aloe
- ❑ Bismuth subsalicylate for diarrhea (Kaopectate; Pepto-Bismol)

❑ This camper may be given any of the medications listed

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Camper Name: _____
First Middle Last

Birth Date: _____
Month/Day/Year

General Health History: ***Check "Yes" or "No" for each statement. Explain "Yes" answers below.***

Has/does the camper:

1. Ever been hospitalized? ..... ❑ Yes ❑ No
2. Ever had surgery? ..... ❑ Yes ❑ No
3. Have recurrent/chronic illnesses? ..... ❑ Yes ❑ No
4. Had a recent infectious disease? ..... ❑ Yes ❑ No
5. Had a recent injury? ..... ❑ Yes ❑ No
6. Had asthma/wheezing/shortness of breath?..... ❑ Yes ❑ No
7. Have diabetes? ..... ❑ Yes ❑ No
8. Had seizures? ..... ❑ Yes ❑ No
9. Had headaches? ..... ❑ Yes ❑ No
10. Wear glasses, contacts, or protective eyewear? ❑ Yes ❑ No
11. Had fainting or dizziness? ..... ❑ Yes ❑ No
12. Passed out/had chest pain during exercise? ..... ❑ Yes ❑ No
13. Had mononucleosis ("mono") during the past 12 months?... ❑ Yes ❑ No
14. If female, have problems with periods/menstruation?..... ❑ Yes ❑ No
15. Have problems with falling asleep/sleepwalking? ..... ❑ Yes ❑ No
16. Ever had back/joint problems?..... ❑ Yes ❑ No
17. Have a history of bedwetting?..... ❑ Yes ❑ No
18. Have problems with diarrhea/constipation?..... ❑ Yes ❑ No
19. Have any skin problems?..... ❑ Yes ❑ No
20. Traveled outside the country in the past 9 months?..... ❑ Yes ❑ No

Please explain "Yes" answers in the space below noting the number of the questions. For travel outside the country, please name countries visited and dates of travel.

Mental, Emotional, and Social Health: ***Check "Yes" or "No" for each statement.***

Has the camper:

1. Ever been treated for attention deficit disorder (ADD) or attention deficit/hyperactivity disorder (AD/HD)? ..... ❑ Yes ❑ No
2. Ever been treated for emotional or behavioral difficulties or an eating disorder?..... ❑ Yes ❑ No
3. During the past 12 months, seen a professional to address mental/emotional health concerns?..... ❑ Yes ❑ No
4. Had a significant life event that continues to affect the camper's life?..... ❑ Yes ❑ No
   (History of abuse, death of a loved one, family change, adoption, foster care, new sibling, survived a disaster, others)

Please explain "Yes" answers in the space below, noting the number of the questions. The camp may contact you for additional information.

Health-Care Providers:

Name of camper's primary doctor(s): _____ Phone: _____

Name of dentist(s): _____ Phone: _____

Name of orthodontist(s): _____ Phone: _____

What Have We Forgotten to Ask? ***Please provide in the space below*** any additional information about the camper's health that you think important or that may affect the camper's ability to fully participate in the camp program. ***Attach additional information if needed.***

Parents/Guardians: STOP here. The rest of this is form is completed when the camper arrives at camp. Keep a copy for your records.

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Camper Name: _____
First Middle Last

Birth Date: _____
Month/Day/Year

Individual Health Record (For Camp Use Only)

Initial Screening **Date/Time:** _____ **Initials:** _____

Screening has been conducted according to camp protocol and significant findings noted as follows:

A. Any signs/symptoms of illness or injury upon arrival?..... No Yes as noted below

B. History of exposure to communicable disease?..... No Yes as noted below

C. Additions or corrections to information on this health history?..... No Yes as noted below

D. Medication given to health-care staff?..... No Yes as noted below

E. Any signs/symptoms of head lice?..... No Yes as noted below

Provider notes: (date/time/initial all entries) _____

Exit Note: Check one of the following:

Left camp this day with no reported illness or injury symptoms.

Left camp this day with the following problem/concern:

_____

_____

This person was told about the problem and instructed about follow-up as noted above: _____

Date/Time: _____ Initials: _____

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