

Amigo Centre Winter Youth Retreat Guidelines for Community Living

Please discuss the following with your group before the weekend. **What do these attitudes look like for your group? How will you work at them? What do you want to get out of the weekend?** Feel free to add to them and make them your own. Then have each member sign anywhere on the sheet.

Our Group Covenant

Youth

- Be respectful
- Be safe
- Be willing to try things
- Be inclusive
- Have fun
- Leave a positive impact
- Be prepared for the elements, fun will be had in the snow or the mud
- Recognize that this is your weekend to grow as a group and as individuals
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Sponsor

- Spend time with youth
- Build relationships
- Be the adult and provide guidance
- Respect youth's space and decision making
- Help care for Amigo Centre's facilities
- Recognize that this is your weekend to grow as a group and as individuals
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Amigo Centre

- Staff and resource people will be available
- Activities will be fun and/or important
- Outside options will be available regardless of weather-snow, rain, mud or sun
- Respect each individual group and be a resource to them
- Be adaptable
- Be good listeners
- Will provide good food, snacks (including snack late Friday night), and lots of coffee (or tea) or hot chocolate!
- Recognize that this is your weekend to grow as a group and as individuals